

**Event Coordinator(s)**

Prof. Teena Varma

**Student Coordinator(s)**

Lysandra D'Souza

Tahseen Shaikh

**Time & Place:**

3:30 pm – 5:00 pm

**Seminar Hall, Xavier  
Institute of  
Engineering**

**No of registrations:**

60

Women's Day was celebrated in Xavier Institute of Engineering. This event was organized by the Women Development Cell of the academic year 2022-2023. The event was held on 8<sup>th</sup> March 2023, which started from 3:30 pm onwards by welcoming the Chief guest Ms. Anaheez Patel, Father Dr John Rose, Principal Y. D. Venkatesh, staff and the students. Father and Principal delivered few words which highlighted women empowerment and how XIE supports the development of women. Further, current staff convener Prof. Teena Varma and the student convener Lysandra D'souza addressed the crowd which proceeded with the blissful classical dance performed by Rachel. Distribution of Joan and Frank Trocki Woman Awards was done by the honorable Chief guest, Father and Principal.

Chief Guest Ms. Anaheez Patel educated the students and staff on the importance of correct nutrition required for healthy growth. She also made the crowd understand the nutrient value of each kind of food so they could include all these to have a balanced diet & healthy body. This was a quite interactive session where students could resolve their health doubts. Followed by this there was Mahima Gad who lifted up moods to a different level with her humorous stand-up comedy. Later the Zumba instructors Karan Waghmare and Aniket Naik got all the ladies moving as they all stepped further to show their active Zumba moves. Lastly the event was concluded by giving the vote of thanks. The event came to end at 5:00pm.

# GLIMPSE OF THE EVENT









